

I care, but who cares for me?



PAINS - NEEDS

Caring for family members is a huge burden: Family caregivers are are faced with emotional and physical stress, family related problems, depression, isolation and financial strains. Current support systems for the overstressed caregivers are both insufficient and inadequate.



GAINS

Sufficient and adequate support strategies improve the situation for both family caregivers and professionals. By creating (leisure) time for family caregivers their well-being is enhanced and it encourages employment and thus financial independence. Attractive development opportunities for health care professionals increase both individual job satisfaction and total workforce numbers.



EXISTING PROBLEMS

In Austria, 70 - 85% of all care is done by family caregivers (65 - 80% of them are women). The shortage of health care professionals that could assist them, long waiting times for short and long term care facilities together with a lacking central contact point informing about financial and professional support possibilities leads to a precarious situation for the family caregivers, affecting especially women.



THE CHALLENGE

A new strategy takes the individual needs of the family caregivers into account, leads to an optimal resource allocation within health care providers, supplies easy accessible, relevant and reliable information and provides attractive business models for self employment of health care professionals.



1 NO POVERTY



2 ZERO HUNGER



3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY



6 CLEAN WATER AND SANITATION



7 AFFORDABLE AND CLEAN ENERGY



8 DECENT WORK AND ECONOMIC GROWTH



9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



10 REDUCED INEQUALITIES



11 SUSTAINABLE CITIES AND COMMUNITIES



12 RESPONSIBLE CONSUMPTION AND PRODUCTION



13 CLIMATE ACTION



14 LIFE BELOW WATER



15 LIFE ON LAND



16 PEACE, JUSTICE AND STRONG INSTITUTIONS



17 PARTNERSHIPS FOR THE GOALS

